



Annual Report **2022-2023**

INSTITUT UNIVERSITAIRE DE PREMIÈRE LIGNE EN SANTÉ ET SERVICES SOCIAUX



Mission

The Institut universitaire de première ligne en santé et services sociaux (IUPLSSS) comprises a team whose aim is to provide people-centred care and services.

TO ACHIEVE THIS OBJECTIVE, THE INSTITUTE MUST:

- Contribute to the advancement of knowledge to improve the population's health access, quality and equity.
- Promote the participation and engagement in the health and social services system by users, families and communities.
- Build stakeholders', managers', users' and the community's capacity for action.

The IUPLSSS in Numbers

Researchers and research practitioners: **95**

Students: **124** master's students and **78** PhD students

Postdoctoral fellows: **10**

Scientific articles (first author): **60**

New grants obtained: **48**

Scientific presentations: **108**

Our researchers come from **11** universities across Quebec and Europe.

Multidisciplinary research in **14** areas of expertise.

CONCRETE actions

DEVELOPING A NEW LABORATORY

The IUPLSSS awarded a postdoctoral fellowship to Jacqueline Schneider. She is helping to set up the Communauté des savoirs (Knowledge Community) laboratory, and is leading a project entitled *Savoirs d'expérience, conflits et reconnaissance en milieu hospitalier: une étude avec des femmes immigrantes minorisées ayant accouché à Montréal et leurs infirmières et infirmiers*.

SHARING OPINIONS ON PARTICIPATORY ACTION RESEARCH

Created by the IUPLSSS, the Moments de la recherche participative (Participatory Action Research Moments) are activities that draw on the experience and knowledge of everyone who has ever taken part in participatory action research. For research teams and participants, this helps to identify promising avenues for action that everyone can leverage. Users, citizens and people involved in community organizations shared their perspective on their involvement in participatory action research, focusing on three themes: The intersection of different environments (community, academic and citizen), mediation between these milieus and recognition of the contribution of those who participate in research.

LOOKING TO THE FUTURE

The IUPLSSS members' assembly was held in a friendly, fun yet studious atmosphere. The event enabled attendees to dream about the ideal institute. Approximately thirty people attended the assembly:

- Users;
- Students;
- Research practitioners;
- Researchers.

Key Partnerships FOR COMMUNITIES

NEW COLLABORATION

The CIUSSS de l'Estrie - CHUS's three research infrastructures, i.e., the IUPLSSS, the Centre de recherche du CHUS and the Research Centre on Aging, supported the initiative led by the Collectif provincial de réflexion sur la compensation des partenaires en recherche. Through this initiative, they joined forces with a number of chairs, centres, research networks, health and social service institutions and community organizations.

DEVELOPING COMMUNITIES

The IUPLSSS took part in preparing the États généraux estriens en développement des communautés, a project that helped draw a regional portrait of the situation. This work was carried out by the Observatoire estrien du développement des communautés, leading to the Cantons jasant développement des communautés, l'Estrie s'allume! event in September 2022. The Institute also contributed to the Collectif des partenaires en développement des communautés's efforts at the provincial level. In November 2022, IUPLSSS members attended the Rendez-vous national (provincial meeting), the culmination of the États généraux en développement des communautés's province-wide process.

MEMBER news



Martine Shareck was awarded a \$504,900 fellowship from the Canadian Institutes of Health Research (CIHR) for her project entitled *Impacts de la revitalisation du centre-ville de Sherbrooke sur l'équité en santé des jeunes adultes : une évaluation à l'aide de méthodes mixtes*.



Anne-Marie Tougas and **Julie Lane** led projects on anxiety in youth and positive approaches to support them.



Julie Noël and **Catherine Malboeuf-Hurtubise** are conducting research on current issues, focusing on eco-anxiety and pandemic recovery.



Julie Lane and Benjamin Gallais, in collaboration with several colleagues, were awarded a \$2.8 million grant from the Fonds de recherche du Québec - Société et culture (FRQSC), enabling the creation of the Observatory on student well-being and mental health in higher education: better knowledge to help the student population.



Josianne Lamothe is providing youth protection workers with training on staff well-being and emotional issues. The training aims to help meet the challenges experienced by these workers.

POSITIVE IMPACT *on Communities*

- Lara Maillet's team evaluated the implementation of an innovative community nursing intervention for refugees in Sherbrooke's Ascot and Jardins-Fleuris neighbourhoods. One of the project's findings was that the community nursing intervention enabled nurses to respond directly to the needs of refugees who consulted the team, or to redirect them to services other than emergency care.
- Julie Lane and Anta Niang contributed to several research projects surrounding the progressive deployment of an integrated services network for young people aged 12 to 25 in Quebec (Aire Ouverte). They evaluated its implementation and impact. They also contributed to its cultural adaptation. These projects are springboards for reflection and action to support young people in the complex challenges they face along their way. The projects foster their access to and retention in comprehensive health services.
- The work of postdoctoral fellow Safa Regragui, supervised by Sabina Abou Malham and Mylaine Breton, highlighted the various challenges (technology, logistics, confidentiality, patient relations, etc.) associated with video-based teleconsultation. She has presented her findings at several symposia and at an IUPLSSS lunchtime conference. The findings have also been published in the Journal of Clinical Nursing.
- Marjorie Désormeaux-Moreau became a member of the Observatoire en inclusion sociale and of the Canadian Disability Studies Association. She consolidated her partnerships with the autistic community to co-design, co-develop and co-produce an online support service. Entitled Autisme Soutien, it aims to answer the questions of people with autism. The Autisme Soutien platform includes a team of 12 volunteers who provide support services. It was launched on February 15, 2023, and has enjoyed widespread media coverage.

THE INSTITUTE IS *Mobilizing Knowledge*

PARTICIPANTS IN OUR KNOWLEDGE
MOBILIZATION ACTIVITIES:

1810

LUNCHTIME CONFERENCES: 15

COLLABORATIVE ACTIVITIES: 8

KNOWLEDGE CAFÉS: 2

TRAINING ACTIVITIES: 1

PROJECTS FOR THE RSSS* LED BY
THE NATIONAL KNOWLEDGE TRANSFER
PROJECTS TEAM:

26

PODCASTS TO PROMOTE RESEARCH TO THE PUBLIC

In 2022, the Institute recorded its first podcasts. Five podcasts were produced and made available on the IUPLSSS YouTube channel and on Spotify. With themes ranging from elder abuse to neighbourhood intervention, the podcasts aim to make research findings accessible to people working in the healthcare sector.

KNOWLEDGE CAFÉS TO SHARE OUR VISIONS

Two knowledge cafés were held this year:

- One focused on access to youth services, in collaboration with the Observatoire des tout-petits. The aim of this café was to build a shared ideal vision of the continuum of services for children aged 0 to 8 to facilitate their access to services.
- The second was organized on the theme of adapting services to people of immigrant background, an activity created in conjunction with several researchers and community partners.



* RSSS: Health and Social Services Network

Knowledge Mobilization Projects to IMPROVE PRACTICES

Knowledge brokers from the national projects team:

12

Current projects:

26

At the request of the Ministère de la Santé et des Services sociaux (MSSS), this team leads a number of large-scale initiatives to deploy and support the implementation of good clinical or management practices within the RSSS. These projects cover a wide range of themes, including community services, suicide prevention, perinatal and early childhood care, the continuum of care and services for seniors, and support for informal and family caregivers.

NOTABLE ACHIEVEMENTS

- Support for five CISSS and CIUSSS to implement pilot projects related to the *Améliorer l'accès, la qualité et la continuité des services de proximité* framework. Experimentation of a Ministry strategy designed to support the appropriation and implementation of this framework, which is intended for eventual deployment throughout the network. Mandate carried out jointly by the two CIUSSS that are designated as IUPLSSS, i.e., the CIUSSS de l'Estrie - CHUS and the CIUSSS de la Capitale-Nationale.
- Facilitation of nine communities of practice for the RSSS and support for the creation of two new communities.
 - ◊ Thousands of members reached via these platforms, dozens of webinars organized and success stories shared, in addition to recorded video capsules.
- Contribution to the development of several provincial training courses, and of their deployment strategies, on topics such as suicide prevention, psychosocial assessment in the context of protective supervision, and integrated perinatal and early childhood services.

CONTACT US

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Québec

Institut universitaire de première ligne
en santé et services sociaux

