

INSTITUT UNIVERSITAIRE DE PREMIÈRE LIGNE EN SANTÉ ET SERVICES SOCIAUX

Mission

The Institut universitaire de première ligne en santé et services sociaux (IUPLSSS) comprises a team of researchers and professionals whose aim is to provide people-centred care and services.

Annuel
BUDGET
\$2,2 million

Vision

To be an internationally renowned reference in the customization of primary healthcare and social services.

THE IUPLSSS IN NUMBERS

RESEARCH AXES

3

KNOWLEDGE TRANSFER ACTIVITIES

26

TRANSVERSAL THEMES

3

SCIENTIFIC PUBLICATIONS

55

COMMUNITIES OF PRACTICE

8

FACILITATED BY THE NATIONAL PROJECTS TEAM

TO ACHIEVE THIS OBJECTIVE, THE IUPLSSS MUST:

- Contribute to the advancement of knowledge to improve the population's health access, quality and equity.
- Promote participation and engagement in the health and social services system by users, families and communities.
- Build stakeholders', managers', users' and the community's capacity for action.

DEDICATED PEOPLE

118 Regular researchers, research practitioners and collaborators from practical settings

237 Students working with our member researchers

11 Citizens involved in the Institute's users committee, La Force du Nous (The Strength of US)

HIGHLIGHTS

A new scientific director AT THE IUPLSSS

The CIUSSS de l'Estrie – CHUS and the UdeS have appointed Baptiste Godrie as director of the IUPLSSS. He began his 4-year mandate on January 1, 2022, taking over from professor and researcher Paul Morin, who had occupied the position since 2015.

Holder of a doctorate in sociology from Université de Montréal, Mr. Godrie possesses the leadership skills that enable him to position the IUPLSSS at the forefront of social research in practice settings, as part of the renewal of the IUPLSSS research program. He previously worked in a university affiliated centre (UAC) for several years.



BAPTISTE GODRIE

National projects

The national knowledge transfer project team is recognized for facilitating communities of practice, implementing best practices and supporting changes of practice in the health and social services network. The Ministère de la Santé et des Services sociaux (MSSS) has turned to the team for more than ten years for its knowledge transfer skills and its ability to effectively support changes of practice. The projects carried out by the team affect all of the establishments in Quebec's health and social services network. The team covers a variety of topics, such as frontline services, public health initiatives and services for seniors and their caregivers.

Notable achievements

- Development of a support strategy for the application of a frame of reference for outreach services, in collaboration with the CIUSSS de la Capitale-Nationale IUPLSSS.
- Launch of the *Guide de soutien pour intervenir auprès d'enfants de 5 à 13 ans à risque suicidaire* and creation of a community of practice to support the clinical advisors of those who work with these children.
- Launch of the guide entitled *La sécurisation culturelle en santé en services sociaux – Vers des soins et des services culturellement sécurisants pour les Premières Nations et les Inuit*.
- Development and dissemination of parenting support tools for families with children aged 2 to 5, living in a context of vulnerability.



Researchers are striving to understand the COVID-19 pandemic

Last year, the IUPLSSS initiated several projects aimed at documenting the effects of COVID-19 on services and on the population. Seven new projects were launched this year, led by IUPLSSS member researchers:

1. The Inspiration program, which evaluates and compares the impact of interventions based on mindfulness, philosophy for children and art therapy on the mental health of elementary school children during COVID-19 and in regular elementary school settings.
2. The PROPOS (PROmotion of POSitive mental health for youth) program, which evaluates the impact of the implementation of a partnership approach between the health and education communities on the mental health of young people.
3. Vaccine Distribution Approaches for Underserved and At-Risk Populations during COVID-19: Best Practices and Lessons Learned in Canada.
4. Experience of LGBTQIA2S+ populations with gambling during the COVID-19 pandemic
5. Evidence-based interventions to address social anxiety disorder during COVID-19.
6. A project called Improving Our Response to the Unmet Health Needs of People with Complex Health Needs: A partnership between family medicine groups and the community.
7. A project that assesses the impact of COVID-19 on the collective response in Sherbrooke.

Impact on practice and on the community

- The CIUSSS de l'Estrie – CHUS Val-du-Lac point of service Rehabilitation centre for youth with difficulties and IUPLSSS researcher Fabienne Lagueux have launched a research project aiming to create and deploy specialized services that meet the needs of young people living in a youth centre. The Rehabilitation centre for youth with difficulties wishes to set up a day centre to offer specialized services to resident youth and better meet their rehabilitation needs. This project stems directly from the concerns expressed by clinical teams and managers, who have observed an increase in the number of residents at the Val-du-Lac centre requiring a greater intensity of or more specialized services.
- The Estrie DYP turned to the IUPLSSS to develop an innovative training offering that meets the needs of its senior caseworkers. Reflection workshops intended for senior caseworkers at the DYP and in the Application of Measures sector were co-developed by the DYP and IUPLSSS and a training kit was provided to the DYP, ensuring that management has all the tools required to maintain the workshops.
- IUPLSSS researchers Martine Shareck and Serigne Touba Mbacké Gueye continued their work on the Quartier Marie-Reine de Sherbrooke Ensemble, créons un milieu de vie à notre image project. In December 2021, in collaboration with CIUSSS de l'Estrie – CHUS community organizers and the Initiative sherbrookoise en développement des communautés (ISDC), they organized a civic activity in the neighbourhood. A committee of neighbourhood citizens is still active and actions to improve the quality of life in the neighbourhood are coming soon!
- In February 2022, Mylaine Breton, Isabelle Gaboury, Catherine Lamoureux-Lamarche, Mélanie-Ann Smithman (IUPLSSS fellow) and François Bordeleau submitted a brief outlining potential solutions to improve access to frontline services as part of the public hearings on Bill 11.

OUTREACH

The work of IUPLSSS members was highlighted in many different ways throughout the year:



- Jean-François Pelletier launched his book, *Se rétablir en santé mentale*, with French publisher Elsevier Masson. The editors of the French journal *Santé Mentale* took notice of the book, calling it a “seminal work”.
- This year, Philippe Roy rolled out his cooperation project with the Nordic countries. The project aims to share knowledge transfer expertise on the health and wellbeing of men in Quebec and in the Scandinavian countries.
- In collaboration with co-author Clément Mercier, Denis Bourque launched his latest book, *Intervention collective et développement des communautés – Éthique et pratiques d'accompagnement en action collective*.
- Speaking at several provincial and international scientific conferences, Lara Maillet presented the results of her research on outreach care integrated into frontline social and health services to facilitate vulnerable people's access to care.
- A realistic review of integrated community care is currently underway, and two articles have already been published. One focuses on the conceptual framework and the other presents the protocol of the review.

DISTINCTIONS



Congratulations to **Julie Lane**, IUPLSSS regular researcher and director of the Centre RBC d'expertise universitaire en santé mentale for children, adolescents and young adults. She received the Mérite estrien award for her career as well as for her work at the Centre RBC d'expertise universitaire en santé mentale.



CIUSSS de l'Estrie - CHUS associate CEO Robin Marie Coleman paid tribute to **Paul Morin** during the IUPLSSS Annual Meeting. She highlighted his leadership and commitment over the past six years as scientific director of the IUPLSSS.



Dr. **Catherine Hudon** was inducted into the Royal Society of Canada for her outstanding contribution to research and for her leadership in the provision of a more cohesive care pathway for people with complex health needs.



Created in 2017, La Force du Nous (The Strength of US), the Institute's users committee, is involved in all IUPLSSS activities.

In 2021–2022, user partners contributed to the following activities:

- Executive Committee meetings;
- Reflective workshop on the Laboratoire Communauté des savoirs project;
- 2021 ACFAS Conference;
- Jurors at four competitions organized by the IUPLSSS;
- Working group (improvement of registration processes for knowledge transfer activities).

Contact us

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