

INSTITUT UNIVERSITAIRE DE PREMIÈRE LIGNE EN SANTÉ ET SERVICES SOCIAUX

The Institut universitaire de première ligne en santé et services sociaux (IUPLSSS) is composed of a team of researchers and professionals whose objective is to place the individual at the heart of the care and services provided.

Vision

To be a world-class authority on personalizing frontline health and social services.

ANNUAL
Budget
\$2.7M

DEDICATED PEOPLE

119 Researchers, research practitioners, and collaborators from practice settings

48 Students

10 Members of the public involved in the Institute's users' committee (La Force du Nous)

DISTINCTIONS



Congratulations to **Chantal Camden**, co-leader of the Child Development in the Family and Community research thrust, who has been awarded a four-year Junior 2 Clinical Research scholarship by Fonds de recherche du Québec (FRQS). The award was given in recognition of the excellence of her research program.



Dr Samuel Blain, research practitioner in the From Practice to Governance in Health and Social Services research thrust, is the recipient of one of the Collège québécois des médecins de famille's 2020 awards of excellence in the "Contribution to Community Life" category for his work in community medicine.



Dre Catherine Hudon received the Pierre-et-Danielle-Bourgau award for her outstanding contribution to the advancement of scientific knowledge in the first ten years of her research career.

ENCOURAGING THE EMERGENCE OF INNOVATIVE PRACTICES

In April 2015, the Centre affilié universitaire (CAU) became the Institut universitaire de première ligne en santé et services sociaux (IUPLSSS) and was integrated into the CIUSSS de l'Estrie – CHUS. This designation was granted by the Ministère de la Santé et des Services Sociaux.

IUPLSSS encourages the emergence of innovative practices and sees to the sharing and transfer of knowledge with the goal of contributing to the development of the strengths of individuals and communities through a personalized approach centered on the user and community.

IUPLSSS BY THE NUMBERS

RESEARCH THRUSTS

3

ACTIVE RESEARCH PROJECTS

137

CROSS-CUTTING THEMES

3

SCIENTIFIC PUBLICATIONS

101

PROVINCIAL PROJECTS

15

Promoting the evolution of the practices of workers and managers in the health and social services network.



Created in 2017, the Institute's user committee (La Force du Nous) has been involved horizontally in IUPLSSS activities: governance (executive committee), research projects, working groups, panel (2 users per competition), knowledge transfer, and outreach activities

In 2020–2021, IUPLSSS reviewed and diversified user involvement on the committee, which meant that a new mode of operation had to be set up. It aims at the following:

- Provide more opportunities for involvement that respond to the needs and interests of users.
- Recognize the strengths and interests of each user partner.
- Promote cross-cutting involvement (individual and in working subgroups) within IUPLSSS.
- Increase user knowledge about the work carried out at IUPLSSS.

Contact Us

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HIGHLIGHTS

A Host of New Provincial Projects

In 2020–2021, the provincial team for knowledge transfer conducted several large-scale projects to implement good clinical and management practices in the institutions in the health and social services network. The team has carried out more than 15 projects at the request of the Ministère de la Santé et des Services Sociaux.

MILESTONE ACHIEVEMENTS

- Collaboration with First Nations and Inuit to develop a ministerial guide entitled *La sécurisation culturelle en santé et en services sociaux – Vers des soins et des services culturellement sécurisants pour les Premières Nations et les Inuit*. This guide describes cultural safeguarding and proposes a model with principles to implement the cultural-safeguarding approach in the various institutions.
- Drafting of nine booklets based on practices from the field that ensure full recognition of and support for the informal caregivers of seniors throughout the service trajectory.
- Development of a tool on the conditions for a successful parenting support activity, in order to help organizations (childcare settings, community schools) that wish to offer activities to families based on best practices.

Baromètre Project

The fourth generation of the Baromètre platform has been launched. This platform provides access to a collaborative, digital, clinical support record that highlights the individual's strengths and progress in their community. This version is the result of more than three years of collaboration with our French partner, the Fondation John Bost, which continues to implement the platform in its 37 care facilities for users suffering from mental-health problems or living with a disability. IUPLSSS is proud to renew this partnership for the next five years by investing a total amount of more than \$475,000 in the project.

IUPLSSS: Involved To Better Understand the COVID-19 Pandemic

This year, IUPLSSS researchers, in collaboration with various partners, deployed 22 research projects related to the coronavirus pandemic, including the following:

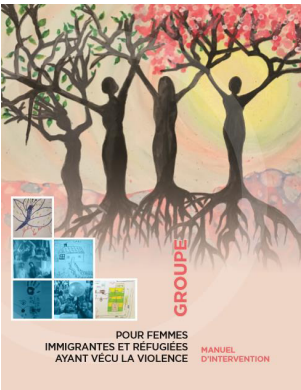
- *Study on Collective Resilience during the COVID-19 Pandemic in Estrie*
- *Role of Communication Strategies and Media Discourse in the Psychological and Behavioral Response to the COVID-19 Epidemic: An International Comparative Analysis*
- *Integration of Teleconsultations into Nursing Practice during COVID-19 in Quebec: the Experience of Front-Line Nurses*
- *Occupational Transition related to the Emergence of COVID-19: Toward a Reorganization of Occupations and Living Habits of Neurotypical And Autistic Individuals*
- *Breaking the Isolation of Seniors Aggravated by Health Measures related to COVID-19: The Study of a Distance Socialization Program based on the Principle of Local Exchange Systems*

Proximity Services at the Heart of Our Efforts in 2020–2021

IUPLSSS has continued its actions to develop proximity services with the population, including the following.

- The establishment of a research project on neighbourhood intervention during the COVID-19 pandemic that aims at documenting the follow-up of actions related to neighbourhood intervention in Sherbrooke. This project also showcases how stakeholders have adapted to the constraints of COVID-19 to provide proximity services.
- The publication of a concept paper on integrated community care. This article was published in the International Journal of Integrated Care, which is recognized worldwide for its expertise in integrated care and services. It has received significant international interest.
- The completion of the drafting of the reference framework entitled *Améliorer l'accès, la qualité et la continuité des services de proximité*, to be released by the Ministère de la Santé et des Services Sociaux (MSSS).
- Continuation of the Sense and Measure in Proximity Intervention project. The project aims to develop measurement and accountability tools that take into consideration the real and currently unmeasured meaning and change in this type of intervention offered in disadvantaged territories. This year, the team produced syntheses of the four cases under study and initiated reflection on accountability modalities adapted to the various contexts of proximity interventions.

OUTREACH



- Launching of *Manuel d'intervention pour femmes immigrantes et réfugiées ayant vécu la violence*. This document has received quite a bit of interest from various stakeholders and organizations in Quebec.
- Launching of *Intervenir en développement des territoires* both in person and online. The launching was followed by discussions related to the health crisis and the socio-ecological transition to be made in the coming years.
- Joint programming in knowledge transfer. This year, for the first time, six organizations (Centre de recherche sur le vieillissement, Centre de recherche du CHUS, service expérience usager du CIUSSS de l'Estrie – CHUS, Faculté de médecine et des sciences de la santé, l'École de travail social de l'Université de Sherbrooke, and IUPLSSS) joined forces to deliver a knowledge-transfer program. The program consisted of five conferences and workshops on partnership.
- For the second year in a row, IUPLSSS and the Centre RBC d'expertise universitaire en santé mentale have jointly developed a knowledge-transfer program. The four activities proposed address youth mental health in different contexts.
- One-day conference entitled *Les enjeux de la recherche partenariale en 1^{re} ligne : défis et stratégies gagnantes*. The activity was organized during the ACFAS conference by the IUPLSSS student committee and focused on partnership research.

