



## DISTINCTIONS

Researcher **Mylaine Breton** was named 2019–2020 Harkness/CFHI Fellow in Health Care Policy and Practice. This fellowship enabled her to participate in the Commonwealth Fund’s International Program in Health Policy and Practice, building relationships with healthcare leaders from around the world, namely the United States.

**Julie Lane** won the Prix méritas – Hommage en prévention du suicide, an award presented by the Association québécoise en prévention du suicide for her contribution and commitment to suicide prevention.

In November 2019, **Audrée Jeanne Beaudoin** received the Pratiques inspirantes award during Quebec’s Annual Public Health Days event. This award was given in recognition of her participation in the project to implement a positive approach to child development in Estrie schools.

## Contact us

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Created in 2017, La Force du Nous (The Strength of Us), the Institute’s users committee is involved in all IUPLSSS activities: governance, research projects, working groups, competition juries, and knowledge transfer.

Among other achievements, in 2019–2020, the 10 user partners:

- Took part in a theme day on user involvement in training and delivered presentations during the event;
- Shared testimonials during the launch of the Communauté des savoirs;
- Participated in workshops on the development of the mobile version of Projet Baromètre TRECK;
- Sat on the juries that evaluated researchers’ and students’ projects submitted to the various competitions organized by the Institute.



## INSTITUT UNIVERSITAIRE DE PREMIÈRE LIGNE EN SANTÉ ET SERVICES SOCIAUX

The Institut universitaire de première ligne en santé et services sociaux (IUPLSSS) comprises a team of researchers and professionals whose aim is to provide people-centred care and services.



## Fostering the Emergence of Innovative Practices

In April 2015, the University Affiliated Centre (UAC) became the Institut universitaire de première ligne en santé et services sociaux (IUPLSSS) and was integrated into the CIUSSS de l’Estrie – CHUS. This designation was granted by the Ministère de la Santé et des Services sociaux.

The IUPLSSS fosters the emergence of innovative practices and ensures knowledge sharing and transfer through a customized user and community-centred approach, thus contributing to the development of individual and/or community-based strengths.

## The IUPLSSS in Numbers



### Dedicated people

**116** regular researchers, research practitioners and collaborators from practical settings

**124** students

**10** citizens involved in the Institute’s users committee called La Force du Nous (The Strength of Us)

fostering the development of health and social services network workers’ and managers’ skills

# HIGHLIGHTS

## A project to evaluate community-based occupational therapy

Led by **Audrée-Jeanne Beaudoin**, this project seeks to assess the implementation of a community-based occupational therapy service for Estrie children aged 5 and under. This assessment will help to develop a socially valid community-based occupational therapy service offering that focuses on promotion, prevention and early detection in children aged 0 to 5 in vulnerable or peri-vulnerable circumstances. This project's main partner is the CIUSSS de l'Estrie – CHUS Direction du programme jeunesse (Youth Program Department).

## Several national projects

The national knowledge transfer project team has led several large-scale initiatives to implement good clinical or management practices throughout the health and social services network. In 2019–2020, the team's knowledge brokers were involved in more than fifteen projects at the request of the MSSS. Here are a few of these projects:

- Initiative to update two ministry guides on suicide prevention.
- Contribution to the development of training, intended for CHSLD patient care aids, on the identification of suicidal behaviour.
- Implementation, facilitation and support of a community of practice focusing on men's health and well-being.
- Support for a collaborative process aimed at developing a document on the cultural safety of care and services. This document is intended for members of senior management and managers in the health and social services network (RSSS).
- Contribution to the development of online training to support appropriation of the frame of reference for integrated perinatal and early childhood services.
- Survey of current promising practices in various RSSS settings that recognize and support the family caregivers of seniors.



## The Baromètre project: deployed in Quebec and in France

The Baromètre project is a clinical, digital, and collaborative intervention tool that highlights the strengths and progress of the individual within their community. This tool makes it possible to assess changes in quality of life, taking into account what is most important to the user. In Quebec, the Baromètre tool has been deployed to 45 professionals working in CIUSSS de l'Estrie – CHUS mental health and addiction programs. In addition, several users who have completed their stay at the Centre de réadaptation en dépendance de l'Estrie continue to use the platform independently. In France, more than 100 professionals have been trained to integrate the Baromètre tool into their practice across 13 sectors of the Bordeaux Métropole (8 million inhabitants) social mission.



# OUTREACH



## Launch

### OF THE COMMUNAUTÉ DES SAVOIRS

In January 2020, the IUPLSSS launched the Communauté des savoirs (Knowledge Community). This is a space for joint building and creation based on the acknowledgement of academic, professional and experience-based knowledge acquired by players working in and on the periphery of the IUPLSSS and of the health and social services network overall. These players all work to improve primary care and first-line services so that they may ultimately have a positive impact on the health and well-being of people and populations. In concrete terms, the Communauté des savoirs aims to develop and implement work processes that can be applied in partnerships where everyone's expertise is recognized and used in research projects and knowledge transfer activities.

## A book about territory development

In January 2020, **René Lachapelle** and **Denis Bourque** published their latest book entitled *Intervenir en développement des territoires*. The publication provides an overview of the development of territorial communities, the role of development agents and the relationship with the evolution of public policies.

## Fostering the population's recovery

**Mélissa Généreux** and her collaborators released their report entitled *Des initiatives prometteuses pour mobiliser la communauté locale en contexte de rétablissement* following the actions and innovations introduced by the Lac-Mégantic Équipe de proximité (Outreach Team). This document shares inspiring practices that supported the community's recovery and could inspire similar initiatives across Quebec.

## Launch of a guide to help people living with schizophrenia

The IUPLSSS launched the *Guide de savoir expérientiel : accompagner la personne vivant avec la schizophrénie*.

Written by **Marie-Claude Jacques** and **Paul Morin**, among other things, it contains tools and references to promote interventions based on solid foundations to help people living with this disease.

## Supporting research development

A new €261,431 research grant, obtained in the fall of 2019 as part of the European ERASMUS + program, enabled **Louise Lemay** to develop a project focusing on interprofessional training as part of social interventions with at-risk youth and their families. This international project aims to create an interdisciplinary training module for students as well as for social workers. The purpose of the module is to build or strengthen the skills that will enable them to work effectively and compassionately in the spirit of interprofessionalism. This project's main partner is the CIUSSS de l'Estrie – CHUS Direction de la protection de la jeunesse (Youth Protection Department).

**Catherine Hudon** received \$2,600,000 from the Fonds de recherche du Québec – Santé for her project entitled *Réseau de connaissances en services et soins de santé intégrés de première ligne*.

**Yves Couturier** received a grant of \$578,805 from the Fonds de recherche du Québec – Santé for his project entitled *Implantation et évaluation d'une stratégie de soutien à l'implantation des Guides de pratiques des infirmières cliniciennes et des travailleurs sociaux oeuvrant en GMF : l'intervention éducative de formation de formateurs au service de la première ligne*. He also received \$185,000 in funding from the CIUSSS de l'Estrie – CHUS to evaluate the implementation of the populational responsibility and community development policy.